

Welcome to

**THE
SENIOR**
Assessment Center
at Botsford Commons

Life is a continuous process with opportunities for personal meaning, reward and fulfillment. Aging doesn't have to be a time of declining health and frailty. We believe seniors can achieve and maintain a vibrant, healthy lifestyle.

However, we realize certain unwelcomed events and conditions do occur, impacting the physical and psychological well-being of the older adult. These factors can be quite subtle, presenting with signs and even symptoms that may go unnoticed.

Now the Senior Assessment Center at Botsford Commons offers assessments by experienced geriatric clinicians trained to detect these subtle changes. Available to all seniors in southeastern Michigan, the Senior Assessment Center is a natural extension of the high-quality, personalized services that the independent, assisted living and continuing care residents at Botsford Commons Senior Community have enjoyed for more than 15 years.

We Work Together with You and Your Doctor

Working in conjunction with your primary care physician, our geriatric specialists provide comprehensive physical, diagnostic, social and psychological assessments. From a holistic perspective, we discuss your symptoms and diagnoses, influencing factors and recommend effective and practical treatment options. This assessment will also be shared with your primary care physician for attention and follow-up.

The Senior Assessment Center is led by a team of state-licensed health care professionals dedicated to geriatric care within their respective specialties.



Dr. Annette Carron

Dr. Carron serves as Director of Geriatrics and Palliative Care at Botsford Hospital and leads the experienced team at the Senior Assessment Center at Botsford Commons. Dr. Carron is board-certified in internal medicine and geriatrics. Practicing in her discipline for more than 12 years, she is also a certified medical director, certified in hospice and palliative medicine and was recently awarded a fellowship in the American Academy of Hospice and Palliative Medicine.

Dr. Carron is also an Assistant Clinical Professor of Internal Medicine at Michigan State University College of Osteopathic Medicine and serves as a board member as well as chair of the Palliative Medicine subsection of the American College of Osteopathic Internists. Dr. Carron has spoken frequently on pain management, hospice and palliative care.



Dr. Theodore Ruza

Dr. Theodore Ruza serves as Medical Director of the Inpatient Geriatric Psychiatric unit at Botsford Hospital and has played an integral part in the development of the Senior Assessment Center. He served as the Center's first Director and currently consults with Seniors Wellness Group on behavioral and psychiatric aspects of diagnoses and care at the Center. His office is on site. He is also a Clinical Instructor at Michigan State University and regularly presents to medical professionals and community groups on memory issues and the benefits of early detection of dementia.

PHYSICAL ASSESSMENT

Each patient may receive a physical assessment by a Geriatric Physician in one of our comfortable and private examination rooms. The evaluation may cover the following assessments as needed:

- Complete geriatric assessment
- Mobility and balance
- Medication review
- Chronic illness management
- Diabetes education
- Preventative care
- Osteoporosis assessment
- Nutrition counseling
- Memory testing

DIAGNOSTIC ASSESSMENT

After a physical evaluation, some further diagnostic testing may be recommended, such as:

- Laboratory work
- Brain imaging study (CAT Scan/MRI)
- Electrocardiogram (EKG)

PSYCHOLOGICAL ASSESSMENT

Mental health and alertness play an important part in a person's well-being. Patients may be evaluated as needed, in the following areas:

- Psychiatric and psychological concerns
- Memory loss and dementia
- Sleep disorders
- Depression and anxiety
- Capacity for medical decision-making and managing personal affairs
- Driving capability – approved by the State of Michigan

SOCIAL ASSESSMENT

Sometimes the following areas may play an important role in health and well-being. Evaluations may include:

- Advanced planning – medical, legal, financial
- Assessment of one's living situation – environment, safety and socialization
- Additional supportive resources available in one's local community

YOUR PERSONAL RECOMMENDED COURSE OF TREATMENT

Once all of your results are available, a comprehensive evaluation will be completed to include recommendations. These recommendations will be discussed with you and also be forwarded to your primary care physician who can then continue to work with you in implementing the plan.



You Have Questions, We Have Answers...

F R E Q U E N T L Y A S K E D Q U E S T I O N S

Are these assessments covered by Medicare?

Yes. However, as with most all insurances, a co-pay may be applicable.

Do I need a referral to see a doctor at The Senior Assessment Center at Botsford Commons?

We welcome referrals from other physicians, but a referral is not required. You may also call us directly for an appointment.

Will the physician at the Senior Assessment Center become my primary care physician?

No, but we can refer you to a primary care physician within the Botsford system if you do not have one.

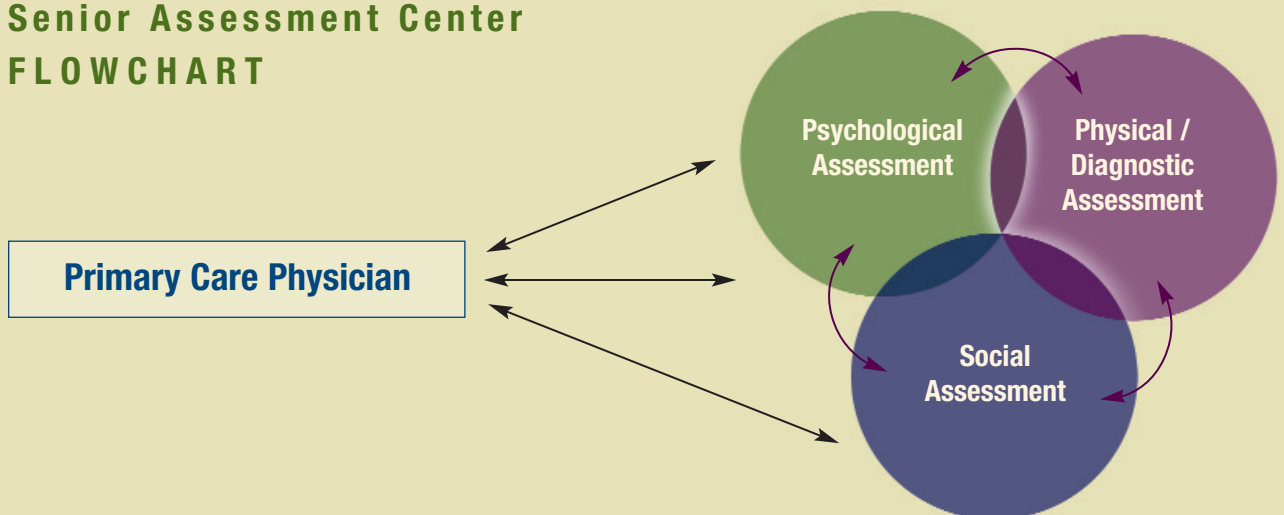
Can my family come to my appointments with me?

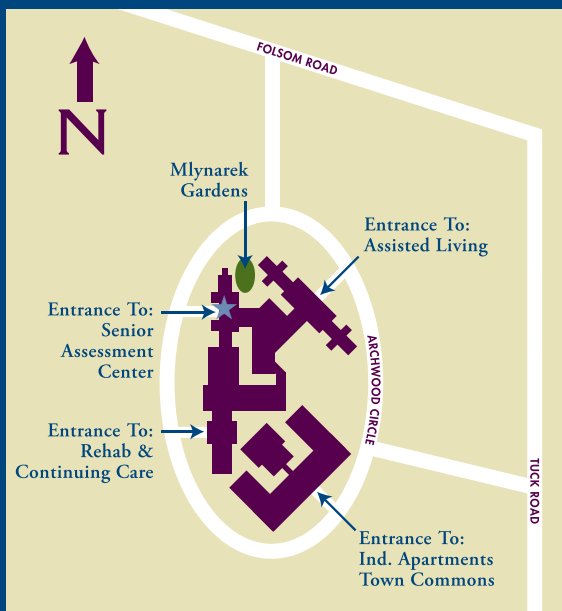
Your family is an important part of your future care needs. We welcome anyone who you wish to come with you to your appointment.

We strive to be your one-stop resource for senior wellness.

It's easy. If your physician recommends that you be assessed in any area (for example, physical mobility), simply call **248-426-6930** for an appointment or more information.

Senior Assessment Center FLOWCHART





The Senior Assessment Center is located on the campus of Botsford Commons Senior Community – located between Middlebelt and Orchard Lake roads; north of 8 Mile; south of M-5 and Grand River.



THE
SENIOR
Assessment Center
at Botsford Commons

Hours: Mon. - Thurs. • 10 a.m. - 4 p.m.

21440 Archwood Circle
Farmington Hills, MI 48336-5933
Phone: 248-426-6930
Fax: 248-426-3732
www.botsfordcommons.org