



For Immediate Release  
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## **Botsford Commons Offers Free Memory Screenings To Community**

*Event promotes early detection of Alzheimer's, dementia*

The Senior Assessment Center at Botsford Commons is proud to be a screening site for National Memory Screening Day 2009 on Tuesday, Nov. 17 in Farmington Hills.

National Memory Screening Day is an annual collaborative effort spearheaded by the Alzheimer's Foundation of America to promote early detection and treatment of Alzheimer's and other illnesses.

"Alzheimer's currently affects more than 5 million Americans and is the leading cause of dementia in people over the age of 65," said Dr. Theodore Ruza, a Botsford psychiatrist. "The sooner it is diagnosed, the easier it is to manage and plan for the future."

Ruza added that proper diagnosis is critical since other causes of dementia, including vitamin deficiency and depression, are reversible and should be treated accordingly. Symptoms include loss of memory, thinking and language skills.

The free screenings will take place from 10 a.m. to 2 p.m. and 5 -7 p.m. on Nov. 17 at Botsford Senior Apartments at 21300 Archwood Circle in Farmington Hills. The facility is located between Middlebelt and Orchard Lake roads, north of 8 Mile Road, south of M-5 and Grand River.

The screenings are simple and take approximately 5 minutes to complete. To make an appointment, please call (248) 426-6930.

*Botsford Commons Senior Community is a non-profit corporation providing housing and service options for seniors. Located on a 30-acre campus in Farmington Hills, the award-winning community offers a full continuum of care for the area's senior population including short stay rehabilitation, skilled care, privately owned condominiums, senior apartments and assisted living suites. For more information visit the website at: [www.botsfordcommons.org](http://www.botsfordcommons.org).*