



For Immediate Release
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Botsford Commons offers free memory screenings at Senior Expo

Botsford Commons Senior Community's Senior Assessment Center is offering free memory screenings on Saturday, April 18 at the Senior Living and Services Expo at the Southfield Civic Center.

The event, presented by the Alternatives for Seniors Organization, runs from 10 a.m. to 4 p.m. Botsford Commons will be conducting free memory screenings from 10 a.m. until 2 p.m. These quick, easy screenings, while not considered diagnostic, can indicate potential conditions and lead to early detection for illnesses such as Alzheimer's disease.

"Alzheimer's currently affects more than 5 million Americans and is the leading cause of dementia in people over the age of 65," said Dr. Theodore Ruza, a Botsford psychiatrist. "The sooner it is diagnosed, the easier it is to manage and plan for the future."

Ruza added that proper diagnosis is critical since other causes of dementia, including vitamin deficiency and depression, are reversible and should be treated accordingly. Symptoms include loss of memory, thinking and language skills.

In addition to the screenings, the expo will feature more than 80 exhibitors representing financial services, home care, medical equipment suppliers, rehabilitation centers and more. There will also be several seminars focusing on senior issues available to attendants. The Southfield Civic Center is located at 26000 Evergreen Road in Southfield.

Botsford Commons Senior Community is a non-profit corporation providing housing and service options for seniors. Located on a 30-acre campus in Farmington Hills, the Community offers a full continuum of care for the area's senior population including short stay rehabilitation, privately owned condominiums, senior apartments and assisted living suites. For more information visit the website at: www.botsfordcommons.org.